



COACHING to CONNECT

Practical help for productive relationships

The Conversation Game

Objective: To learn more about your partner

Rules:

1. Read these rules carefully and follow them faithfully.
2. Partner 1 asks any open-ended question/prompt from the list below (questions do not have to be asked in any particular order).
3. Partner 1 sets a cell-phone timer or another timer for 1 minute.
4. Partner 2 responds to the question/prompt until the alarm sounds revealing as many thoughts and feelings about the question as possible in one minute.
5. The only response partner 1 is permitted at the end of the 1-minute answer is a statement that expresses understanding or empathy, but no response is required because the primary goal of this game is to learn more about your partner.
6. Partner 2 asks a question/prompt from the list and times Partner 1's response for 1 minute.
7. Continue taking turns for 20 minutes.

Open-Ended Questions or Prompts:

- Pick one thing on your calendar in the coming week. How do you hope it will go?
- Describe the most important thing happening in your work life right now.
- Name a person you do not personally know that you admire. What do you admire about this person?
- What frightens you most about the times we live in?
- What is your greatest hope for our marriage?
- What does your retirement dream look like if money were no object?
- What is one of the strengths of our marriage?
- What would you change in our household to make it more organized?
- How do you like to be hugged?
- What is one important moral issue our nation is facing and how should it be addressed?
- Describe one thing on your bucket list?
- What is it about our home that concerns you most?
- How are you feeling today?
- What kind of grandparents do you hope we will be?
- What values or traditions from your family of origin do you want to continue in our family?
- What is your favorite board game and what happened the last time you played it?
- What would you like to know about God?
- If you met a genie, what would your three wishes be?
- If money were no object, what would your dream vacation be?
- What are you grateful for right now?
- How have you been changing in the last five years?

- What makes you sad?
- Describe the next important life decision you have to make?
- What Bible verse or other wisdom saying has had an impact on your life?
- What is your favorite holiday? Describe why you enjoy it?
- What do you enjoy about a good conversation?
- What do you love most about our home?
- What is your dream for our children's future?
- Describe what you funeral should be like.
- Describe one of your favorite childhood memories.
- What are your financial goals?
- Describe the best time you and I ever had together.
- How do you feel about getting older?
- When you are upset, describe what helps you to calm down.
- How do you feel when our family is together?
- What causes you to struggle most in our marriage?
- What skills do you want to develop in the next five years?
- What do you want for our family that your family of origin did not have?
- How would you describe your spiritual life?

Visit www.CoachingToConnect.com for more marriage resources and to learn about marriage coaching. Most couples live in an unhappy marriage for six years before they seek help. That is similar to breaking your leg and walking around on it for months before seeing your doctor. The longer you wait, the more damage is done. Contact us now to begin building the marriage of your dreams.